



Your Health Maintenance Visit and Preventive Health Benefits

Thank you for scheduling your health maintenance examination. At Associates in Women's Health, our physicians are serious about proactively keeping you healthy, and preventive medicine is the key to doing just that.

Know your Preventive Benefits

Depending on your health insurance plan, you may receive certain preventive benefits for a reduced copayment or no copayment. This is a quick reference designed to help you understand which services maybe covered under your prevention benefits and which services may not. Please be aware that if you receive care beyond what your preventive visit benefit covers, you may incur additional charges for the care provided.

Services covered during your preventive visit*

- Age-focus exam
- Advice for disease prevention and healthy living
- Discussions about previously identified risk factors (i.e., smoking)
- Management of previously diagnosed chronic problems that are relatively stable
- Management of minor new problems that require no new lab testing, procedures, follow-up or prolonged treatment plans

Services that may NOT be covered during your preventive visit* & are subject to additional charges

- New problems that require lab tests, ultrasounds, or other evaluation
- New problems that require prescription medication
- Certain Lab tests to screen for diseases for which you may be at risk due to age
- Age-based immunizations
- Chronic problems that are significantly uncontrolled and require evaluation, management strategies, and possibly changes in medications

**Please note that this handout can not describe or define your particular preventive benefits. Please contact your insurance company for specific benefit information. Your insurance card should have a phone number or email address for you to contact them.*

Acknowledged By: _____ Date: _____