



Associates in
WOMEN'S HEALTH

Health History for Patients **Under Age 50**

Date: _____

Patient #: _____

NAME: _____ DOB: _____

Who is your primary care physician? _____

When was the 1st day of your last menstrual period? _____

Are you currently pregnant? **YES NO** Total number of pregnancies? _____

Total number of births? _____ Have you ever had a miscarriage? **YES NO**

Have you ever had an abortion? **YES NO**

What are you currently using for contraception? _____

Are you experiencing any problems with it? If yes, explain: _____

How old were you when you started your period? _____

How often are your periods?

___ less than 21 days ___ every 22-33 days ___ greater than 34 days

How long does your period last? _____

Are you periods painful? **YES NO** If yes, explain: _____

Do you take anything for the pain? _____

Do you experience any bleeding between cycles? **YES NO** If yes, explain: _____

Are you having any problems with sex? **YES NO**

___ Pain with intercourse ___ Difficulty with lubrication ___ Decreased sex drive

Have you ever had any of the following STD's?

___ Chlamydia ___ Herpes (genital) ___ HPV (warts) ___ Trichomonas
___ Gonorrhea ___ HIV ___ Syphilis

Do you have, or have you ever had any of the following medical problems:

___ Anxiety ___ Frequent urinary tract infections
___ Asthma ___ Heart disease
___ Blood clots ___ High blood pressure
___ Cancer - Type: _____ ___ High cholesterol
___ Dense breast tissue ___ Liver disease (Hepatitis)
___ Depression ___ Migraines
___ Diabetes ___ insulin ___ non-insulin ___ Thyroid problems
___ Seizure disorder

Other _____

Past surgical history: (Please include date of surgery)

See other side>>>>>>

Medications you are currently taking: **(Please include the dosage)**

Do you have any allergies to medications? If yes, please list:

Do you have a Latex allergy: **YES NO**

Do you have a family history of any of the following? **(Please include relation, age when diagnosed & if on mother's or father's side)**

Ashkenazi Jewish Heritage _____ Heart Disease _____

Breast Cancer _____ High Blood Pressure _____

Diabetes _____ Ovarian Cancer _____

Endometrial Cancer _____ Pancreatic Cancer _____

Colon Cancer _____ Skin Cancer _____

Colorectal Polyps _____ Other _____

Genetic Mutations _____ _____

Race: _____

Do you consider yourself to be: **STRAIGHT GAY/LESBIAN BISEXUAL**

What do you do for a living? _____

Marital Status: **SINGLE MARRIED SEPARATED DIVORCED WIDOWED**

Sexually active: **YES NO**

If yes, how long have you been with current partner? _____

Tobacco use: **CURRENT FORMER NEVER**

If current, how many cigarettes a day? _____ If former, when did you quit? _____

Alcohol use: **NONE RARLEY OCCASIONAL HEAVY**

How many drinks per day: _____ or per week: _____

Drug use: **NONE MARIJUANA COCAINE HEROIN IV DRUGS**

Caffeine use: **YES NO**

If yes, how may cups a day? _____

Have you ever had your Cholesterol checked? **YES NO** When? _____

When was your last Pap smear: _____

Have you ever had an abnormal pap smear? **YES NO** If yes, when? _____

Have you ever had a Mammogram? **YES NO** When? _____ **NORMAL ABNORMAL**

Have you had the chicken pox? **YES NO** If yes, when? _____

Have you received/completed the Gardasil (HPV) vaccinations? **YES NO** If yes when? _____

Pharmacy Name: _____ Address: _____

Pharmacy Number: _____